



## SCHOOL MEALS MENU 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHOICE 1	Cheese, tomato & basil pasta bake with ciabatta bread & veg	Chicken korma, brown rice, with ciabatta bread & veg	Cheese fritter, mashed potato with beans or veg	Macaroni cheese, with ciabatta bread & veg	Jacket potato with cheese and served with salad
CHOICE 2	Baked pork sausage with yorkshire pudding, mashed potatoes & veg or beans	Spaghetti bolognaise with ciabatta bread & veg	Pork meatballs in gravy with mashed potato & veg	Homemade minced beef pie, roast potatoes & veg	Fish fingers & chips with veg or beans
CHOICE 3	Jacket potato with beans served with salad	Soft roll filled with cheese served with coleslaw & salad	Soft roll filled with tuna mayo served with coleslaw & salad	Jacket potato with tuna mayo and served with salad	Chicken & sweetcorn pasta and ciabatta bread
SELECTION OF SALAD	Selection of salad	Selection of salad	Selection of salad	Selection of salad	Selection of salad
CHOICE OF DESSERT	Low fat yoghurt, fresh fruit or choc au pain (danish pastry)	Low fat yoghurt, fresh fruit or chocolate orange sponge & custard	Low fat yoghurt, fresh fruit or angel whip	Low fat yoghurt, fresh fruit or rice pudding	Low fat yoghurt, fresh fruit or ice cream

Homemade soup and crusty rolls available when weather is cold  
 Fresh bread and iced water is served with the meal. Any children with special dietary needs food allergies please speak to Mrs Marland.





## SCHOOL MEALS MENU 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHOICE 1	Homemade chicken curry, with rice & ciabatta bread with veg	Jacket potato with cheese served with salad	Cheese & tomato pastry parcel with mashed potato & beans or veg	Tomato & basil pasta bake served with veg & salad	Jacket potato with tuna mayo served with salad
CHOICE 2	Pasta bolognaise with ciabatta bread & veg	Roast pork in gravy with sage & onion stuffing, mashed potatoes & veg	Minced beef & gravy with yorkshire pudding mashed potatoes & veg	Homemade chicken pie served with roast potatoes & veg	Cheese & tomato pizza, chips & peas or beans
CHOICE 3	Jacket potato with beans served with salad	Soft roll filled with tuna mayo served with coleslaw & salad	Soft roll filled with ham served with coleslaw & salad	Vegetarian quorn sausage, served with roast potatoes & veg	Macaroni cheese, served with ciabatta bread & salad
SELECTION OF SALAD	Selection of salad	Selection of salad	Selection of salad	Selection of salad	Selection of salad
CHOICE OF DESSERT	Low fat yoghurt, fresh fruit or angel whip	Low fat yoghurt, fresh fruit or iced finger	Low fat yoghurt, fresh fruit or fruit jelly	Low fat yoghurt, fresh fruit or cranberry & lemon sponge & custard	Low fat yoghurt, fresh fruit or ice cream

Homemade soup and crusty rolls available when weather is cold  
 Fresh bread and iced water is served with the meal. Any children with special dietary needs food allergies please speak to Mrs Marland.

