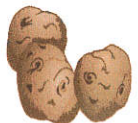




## SCHOOL MEALS MENU 2

MON	TUES	WED	THURS	FRI
Selection of Salad	Selection of Salad	Selection of Salad	Selection of Salad	Selection of Salad
Roasted Mixed Peppers, Tomato & Basil Pasta with Ciabatta Bread & Veg.	Jacket Potato with 2 Fillings. Beans, Cheese, Tuna, Coleslaw or Butter.	Cheese & Tomato Pastry Parcel With Mashed Potatoes & Veg	Tuna Pasta Bake with Ciabatta Bread & Veg.	Jacket Potato with 2 Fillings. Beans, Cheese, Tuna, Coleslaw or Butter.
Roast Beef with Yorkshire Pudding, Mash Potato & Veg	Homemade Chicken Curry with Rice, Ciabatta Bread & Veg	Pork Meatballs in Gravy, Mash Potatoes & Veg	Homemade Minced Beef Pie, Roasts & Veg	Cheese & Tomato Pizza & Chips with Peas or Beans
Low Fat Yoghurt or Choc au Pain (French Pastry) or Fresh Fruit	Low Fat Yoghurt or Angel Delight or Fresh Fruit	Low Fat Yoghurt or Ice Cream or Fresh Fruit	Low Fat Yoghurt or Cranberry & Lemon Sponge & Custard or Fresh Fruit	Low Fat Yoghurt or Rice Pudding or Fresh Fruit
<p>Homemade Soup &amp; Crusty Roll Available when Weather is Cold Fresh Bread and Iced Water is Served with the Meal. Any Children with Special Dietary Needs/Food Allergies Please Speak to Mrs Marland.</p>				





## SCHOOL MEALS MENU 1

MON	TUES	WED	THURS	FRI
Selection of Salad	Selection of Salad	Selection of Salad	Selection of Salad	Selection of Salad
Cheese, Tomato & Basil Pasta Bake, Ciabatta Bread & Veg.	Jacket Potato with 2 Fillings. Beans, Cheese, Tuna, Coleslaw or Butter.	Cheese Fritter with Mash Potatoes & Veg	Cheesy Pasta with Ciabatta Bread & Veg	Jacket Potato with 2 Fillings. Beans, Cheese, Tuna, Coleslaw or Butter.
Pork Sausage with Yorkshire Pudding, Mashed Potato & Veg	Spaghetti Bolognese, Ciabatta Bread & Veg	Minced Beef in Gravy, Mash, Yorkshire Pudding & Veg	Homemade Chicken Pie, Roasts & Veg	Fish Fingers, Chips, Veg or Beans
Low Fat Yoghurt or Angel Delight or Fresh Fruit	Low Fat Yoghurt or Chocolate Orange Sponge & Custard or Fresh Fruit	Low Fat Yoghurt or Ice Cream or Fresh Fruit	Low Fat Yoghurt or Fruit Crumble & Custard or Fresh Fruit	Low Fat Yoghurt or Fruit Jelly or Fresh Fruit
<p>Homemade Soup &amp; Crusty Rolls Available when Weather is Cold            Fresh Bread and Iced Water is Served with the Meal. Any Children with Special Dietary Needs/Food Allergies Please Speak to Mrs Marland.</p>				

